

Post Hospital Service



Being medically well enough to leave hospital is not the same as being better. Extra support in the first few days and weeks after returning home is often necessary and rarely offered. Everyone is different, some will need practical support and others will benefit from emotional support.



Get well,
stay well

The Post Hospital Service has been designed to look after your employees when they come out of hospital after a stay of 48 hours or more. The hospital stay can be for any condition (apart from pregnancy), including mental health, and it can follow a planned or an emergency admission.

A RedArc nurse will be assigned as a case-manager and look after your employee throughout the duration of their recovery. They are highly skilled, experienced and adept at working out what will be the most appropriate support and, in consultation with your employee, will arrange whatever support is needed. This could include:

Arranging practical support such as the supply of medical equipment, arranging emotional support such as counselling, or arranging physical care to aid recovery

Signposting them to other benefits you offer such as physio from a Private Medical Insurance (PMI) scheme and counselling from Employee Assistance Programmes (EAPs)

Helping them integrate back into the NHS following private treatment if needed

Developing a 'Get well, stay well' plan - which may include diet, exercise, blood pressure – and helps them stay on track

If care is needed at home, The RedArc nurse will arrange this directly with Intana. Intana offers whatever practical home help is needed, typically over 14 days. This can include:

Personal care, such as help with getting up, washing, dressing, going to the bathroom and going to bed

Domestic duties, such as housework, meal preparation, gardening and shopping

Assistance with medical care, such as collecting prescriptions, arranging appointments and travel to appointments

Your employee's RedArc nurse is on hand throughout the process until their support is no longer required.

The Post Hospital Service has been designed to look after your employees when they come out of hospital after a stay of 48 hours or more.

Punter Southall Health & Protection has teamed up with RedArc Personal Nurse Advisers and Intana to offer seamless medical, emotional and practical support for employees when they come out of hospital.

Post Hospital Service	
Overview	<ul style="list-style-type: none">• Support for employees when they come out of hospital after a stay of 48 hours or more• Regular 1:1 telephone conversations for practical and emotional support• ‘Get well, stay well’ plan - which may include diet, exercise, blood pressure etc• Practical help at home delivered by high quality domiciliary care providers , including personal care, domestic duties, collecting prescriptions and arranging appointments• Integrates with your employee benefits programme• Open-ended• Highly valued and proven to improve employee engagement
Suited to	Any employer wishing to extend their health and wellbeing employee benefits.
Optional	<ul style="list-style-type: none">• A RedArc nurse will be on hand via phone to offer assistance; this is offered for an unlimited time• RedArc will arrange for Intana to supply two hours a day of support in the employee’s home during the first 14 days following a hospital stay. The 28 hours can be taken over a shorter period of time if needed• If there is more than one hospital admission, the help at home can be taken over a longer period of time: up to nine weeks within one year for up to five hospital admissions• The core service can be enhanced to include three hours a day over 14 days. The 42 hours can be taken over a shorter period of time if needed

Punter Southall Health & Protection.



The Post Hospital Service is coordinated through our Healthcare team. For more information visit www.pshp.co.uk or call 020 3327 5700